



# 2018-2019 Psychology Student Handbook

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# DELTA STATE UNIVERSITY



Division of Counselor Education & Psychology

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## Welcome to the Psychology Program

Most undergraduates find General Psychology to be an interesting course when they take it. We like to believe that the lucky ones choose Psychology as a major! The size of our program allows us to focus our resources almost entirely on our undergraduate students. The Psychology Program has three main goals: 1) To prepare our students for further study at the graduate and professional levels; 2) preparing our students for post baccalaureate careers, and 3) making the undergraduate experience as interesting and as engaging as possible. The rest of this page will tell you what to expect as a psychology major at Delta State University. The pages that follow will provide detailed information on the faculty, courses you will need to take to earn a Bachelor of Arts in Psychology, a description of psychology courses, a course requirements checklist, and some suggested academic minor programs.

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## Engaging Experiences

Psychology majors at Delta State University benefit directly from their interpersonal experiences with faculty and other professionals in the College of Education and Human Sciences, from their Undergraduate professional experiences

***The Interpersonal Experience:*** Students and faculty engage in numerous meaningful interactions through classes, research, and advising. Students are encouraged to take advantage of opportunities to have personal and professional planning conferences with

faculty. Outside of the classroom, we sponsor two major student organizations. Psychology majors and non-majors can immediately join the *Psychology Club*, which works closely with *Psi Chi*, the National Honorary Society sponsored by the American Psychology Association. The Psychology Club and *Psi Chi* organizations are faculty-mentored, student-driven ways we coordinate activities for undergraduates. These may include social events, but they also include the other important professional experiences.

***Undergraduate Professional Experiences:*** Students may take field trips to mental health hospitals (Whitfield), correctional institutions (Parchman), and mental health centers (Oxford and Whitfield). Advanced students may have the opportunity to work with other students on such problems as test anxiety and academic stressors. Undergraduates may also attend and present research papers at psychology conferences around the United States.

***Undergraduate Research Experience:*** Psychology majors at Delta State have a unique opportunity to engage in faculty-mentored undergraduate research. Over the years, our students completed and presented research projects on operant control of behavior, alcoholism, voluntary control of heart rate, physiological training of electromyographic responses, personality, social cognition, eyewitness memory, distinctive memories, computer-assisted instruction, choice making, drug abuse, and critical thinking. Students presented research papers at the American Psychological Association (APA), Southeastern and Southwestern Psychological Associations, Mississippi Academy of Sciences, Mid-South Psychology Conference, Society for the Quantitative Analysis of Behavior, and the Mid-South Educational Research Association. These conferences may involve travel to locations such as New Orleans, Atlanta, Austin, Orlando, Washington, DC, Boston, San Antonio, Memphis, Nashville, Biloxi, Jackson, and Tupelo.

***Graduate School & Post-Baccalaureate Career Preparation:*** Unique to our program are “Pathways” for graduate study and post-baccalaureate career preparation. These Pathways provide psychology students with the opportunity to work closely with their academic advisors to prepare for post-baccalaureate careers and strengthen their competitiveness for graduate school admission. Once you obtain your undergraduate degree in psychology, your next career step should be focused and intentional. Pathways provide a prescribed set of steps and goals for post-baccalaureate success in the following areas: Graduate Study in Psychology, Counselor Education, Teaching, Sports and Human Performance, Speech and Hearing Sciences; and Careers in Business, Industry, and more! In combination with the professional and research experience that students gain at Delta State, Pathways allow our students to, not only compete for post-baccalaureate jobs but to also, prepare competitive portfolios for graduate school admission. Program graduates successfully completed graduate study at a number of institutions, including: the University of Memphis, the University of Southern Mississippi, Mississippi State University, Alabama State University, Saint Louis University, Southern Illinois University, the University of South Florida, the University of North Texas, Texas Women's University, Middle Tennessee State University, the California Professional School of Psychology, and many others. We encourage you to join us, and our psychology alumni, in this interesting and rewarding adventure! See your academic advisor for more details and begin charting your Pathway to success today!

## About Our Faculty

### **Jacqueline Goldman, Ph.D. ([jgoldman@deltastate.edu](mailto:jgoldman@deltastate.edu))**

Dr. Jacqueline Goldman is an assistant professor of psychology at Delta State University. Jacqueline received her Ph.D. in Educational Psychology from the University of Oklahoma. She teaches several courses on the topics of motivation, cognition, learning theory, human development and research methods. Professor Goldman's research program focuses on cognitive and motivational aspects of learning including engagement, academic emotions, and interest development of at-risk students. She specializes in the investigation of learning activities that occur in everyday experience.

### **Andres Garcia-Penagos, Ph.D. ([agpenagos@deltastate.edu](mailto:agpenagos@deltastate.edu))**

Dr. Andres Garcia-Penagos was born in Bogota, Colombia. He attended the National University of Colombia, in Bogota, obtaining his undergraduate degree in Psychology. After a brief stint as a school psychologist in Bogota, he obtained a M.Sc. degree in Psychology from West Virginia University, with an emphasis in Behavior Analysis. There he conducted basic operant research in the areas of learning and stimulus control with pigeons and rats. He went then to the University of Tennessee in 2012 where he continued doing research with pigeons and then joined the Group Attention and Behavior Lab, doing research at the intersection of learning theory and social psychology, focusing on social influences in human choice behavior. In addition to his experimental interest in human and non-human social behavior, he also has profound interest in the history, theory and philosophy of psychology and the philosophy of mind.

### **Jonathan Westfall, Ph.D. ([jwestfall@deltastate.edu](mailto:jwestfall@deltastate.edu))**

Dr. Jon Westfall teaches a variety of courses in psychology, from general psychology to learning and cognition. His research background and current work focus on the way individuals make economic and consumer finance decisions, with interest in individual difference variables such as strength of handedness. In addition to his duties in the psychology department, Dr. Westfall is also the Coordinator of the First Year Seminar program and the Coordinator of the Okra Scholars program within the Student Success Center here on campus. Before joining Delta State, he served as a visiting professor at Centenary College of Louisiana, and as the Associate Director of Research & Technology at the Center for Decision Sciences at Columbia University. A native of Ohio, Dr. Westfall received his Ph.D. from The University of Toledo in 2009. In addition to his research, Dr. Westfall also has career ties in information technology, where he has worked as a consultant, programmer, and system administrator since 1997.

### **Sally Zengaro, Ph.D. ([szengaro@deltastate.edu](mailto:szengaro@deltastate.edu))**

Dr. Sally Zengaro, Assistant Professor of Psychology, received her Bachelor of Arts degree in English from Harding University and a Master of Arts degree in Teaching English as a Second Language and a Ph.D. in Educational Psychology from the University of Alabama. Dr. Zengaro received the College of Education M. Ray Loree Most Outstanding Dissertation Award and the University of Alabama Outstanding Dissertation Award. She has presented her research at national and international conferences such as the American Educational Research Association and the American Psychological Association. Her research interests include sports participation and moral development, adolescent ethical behavior, whole theme constructivism, and the scholarship of teaching and learning. Her primary teaching responsibilities include educational psychology, psychology of learning, psychology of adolescence, and general psychology. She is the current Chairperson of the Division of Counselor Education and Psychology and interim Chairperson of the Division of Family & Consumer Sciences.

**Adjunct Faculty (2018-2019):** Dr. Camille Branton, Dr. David Cook, Ms. Sharon Dorman, Dr. Richard Houston, Ms. Paula King, Ms. Darla Sisney, Dr. Catherine Vincent.

## ADVISOR ASSIGNMENTS

Please see the following professor according to the first letter of your last name. This individual will serve as your assigned academic advisor. If you have made prior arrangements to change your advisor, continue to see your current advisor.

<b>Advisor</b>	<b>Location</b>	<b>Last Name</b>
Dr. Jaqueline Goldman	Ewing #352	A-F
Dr. Jonathan Westfall	Ewing #350	G-L
Dr. Sally Zengaro	Ewing #337	M-R
Dr. Andres Garcia-Penagos	Ewing #348	S-Z

## Psychology Courses

**Psychology majors must complete the eight required courses listed below and any other 15 hours of PSY electives with a grade of C or better.**

**Psychology minors must take PSY 101 and an additional 15 hours of any other coursework in psychology, for a total of 18 hours.**

**\*PSY 101 is a prerequisite for all other psychology courses. See the Undergraduate Catalog for the most up-to-date information.**

### **PSY REQUIRED COURSES**

**PSY 101. General Psychology.** Scientific foundations of behavior and cognition. Prerequisite for all other courses in Psychology. 3hrs. Fall, Spring and Summer

**PSY 307. Developmental Psychology.** Principles and theories of human development through the life span of the individual. PSY 101. 3hrs. Fall and Spring

**PSY 330. Research Methods I.** An introduction to research design in psychological research, writing in APA style and the conduct and writing of a research-based literature review. PSY 101. 3hrs. Fall and Spring

**PSY 331. Statistics.** Use of descriptive and inferential statistics for the analysis of psychological data. Introduction to computerized data analysis. MAT 103 or 104, PSY 101. 3hr. Fall and Spring

**PSY 332. Research Methods II.** Research design and the conduct and reporting of psychological research. PSY 101, PSY 330. 3hrs. Fall and Spring

**PSY 402. Learning and Cognition.** Learning and cognitive processes. PSY 101, PSY 330. Lecture 2 hours, laboratory 2 hours. 3hrs. Fall only

**PSY 409. Biological Psychology.** Structure and function of the nervous system as it influences behavior, perception, and cognition. PSY 101, PSY 330. 3hrs. Spring only

**PSY 490. Senior Seminar.** Exploration of psychological topics resulting in written or oral presentations. Emphasis placed on integrating diverse theories, perspectives, and courses in psychology. Prerequisite: Senior psychology major and completion of all required psychology courses. 3hrs. Spring

### **PSY ELECTIVE COURSES**

**PSY 142. Professional and Career Issues.** Offers a comprehensive introduction to careers in psychology, as well as guidelines for professional writing, conduct and collegiality. PSY 101. 3hrs. Fall and Spring

**PSY 302. Abnormal Psychology.** Characteristics, causes, and treatment of maladaptive behavior. PSY 101. 3hrs. Fall and Spring

**PSY 308. Sensation and Perception.** Sensory physiology, basis of perception, psychophysical techniques, theories and the effect of social variables on perception. PSY 101. 3hrs.

**PSY 310. Health Psychology.** Strategies and methods for understanding psychological contributions to health and disease. PSY 101. 3hrs

**PSY 313. Psychology of Adolescence.** Life and development of youth; problems and issues of adolescence. PSY 101. 3hrs. Fall and Spring

**PSY 314. Psychology of Human Sexuality.** Scientific foundation for the understanding of the psychological, physiological, social and behavioral aspects of human sexuality. PSY 101. 3hrs. Summer & Intersession

**PSY 315. Social Cognition.** Analyses of theory and research on problems related to how humans judge themselves and others. PSY 101. 3hrs. Fall

**PSY 320. Human Factors Engineering.** Applying human performance factors in design of instruments and human-machine interface for ergonomics, visual displays, transportation safety, virtual environments, aviation, and disabilities. PSY 101. 3hrs

**PSY 393. Sport Psychology.** The goal of this course is to discuss professional and ethical issues relevant to the practice of sport psychology. The course provides an introduction (a) the interdisciplinary field of sport psychology, (b) the prevalent theories and concepts within the discipline, and (c) practical applications to the sport and health industries: PSY 101. 3hrs.

**PSY 403. Theories of Personality.** Contributions of major personality theorists of the 20<sup>th</sup> century including Freud, Jung, Adler, Maslow, Rogers. PSY 101. 3hrs. Fall

**PSY 404. Tests and Measures.** Theories of test construction, reliability and validation. Survey of available testing instruments. PSY 101, PSY 331. 3hrs

**PSY 406. History of Psychology.** Historical foundations of psychology. PSY 330 and junior or senior standing or permission from instructor. 3hrs. Fall

**PSY 415. Clinical Psychology.** Techniques and goals for diagnostic and therapeutic intervention. Prerequisites: PSY

101, 302, and 403. 3hrs

**PSY 425. Service Learning in Psychology.** Field placements will emphasize identifying and applying psychological concepts. PSY 101. 3hrs. Fall

**PSY 492. Special Topics in Psychology (Various topics).** Current developments in Psychology, May be repeated with change in topics. PSY 101. 3hrs

**PSY 493. Independent Research.** Independent research in an area of psychology. Prerequisite: permission of instructor. (May be repeated for a maximum of 6 hours.) 1-6hr(s)

**PSY 499. Honors Thesis.** Research leading to a paper to be approved by the psychology faculty. Prerequisites: Junior or senior psychology major, PSY 332 and recommendation of psychology faculty. 3hrs.



Academic Map

# 2018-19 ACADEMIC MAP

BS - Psychology

TOTAL HRS: 120



Academic map is a guide to help students stay on track to degree completion. Consult undergraduate catalog and academic advisor for other requirements.

\* minimum grade required

		FALL SEMESTER					SPRING SEMESTER					
	PREFIX	COURSE	CREDIT	AREA	GR*	SEM/GR	PREFIX	COURSE	CREDIT	AREA	GR*	SEM/GR
YEAR 1-Freshman	ENG 101	Composition I	3	Gen Ed			ENG 102	Composition II	3	Gen Ed		
	COM 101/102	Communication Studies	3	Gen Ed				Personal Development	3	Gen Ed		
	HIS 101/200 level	History	3	Gen Ed				Lab Science**	3	Gen Ed		
		Lab Science**	3	Gen Ed			MAT 103	Quantitative Reasoning	3	Gen Ed		
		Perspectives on Society	3	Gen Ed			PSY 101	General Psychology	3	Gen Ed	C	
	FYS 100	First Year Seminar	1	Univ Req					15			
			16									
YEAR 2-Sophomore		Minor Course	3	Minor			PSY 331	Statistics	3	Major	C	
		General Elective	3	Elective			PSY	Psychology Elective	3	Major	C	
		General Elective	3	Elective				General Elective	3	Elective		
	ENG 203/204/206	Literature	3	Gen Ed				Fine Arts	3	Gen Ed		
	PHI 201	Introduction to Philosophy	3	Gen Ed				Minor Course	3	Minor		
			15					15				
YEAR 3-Junior	PSY 330	Research Methods I	3	Major	C		PSY 332	Research Methods II	3	Major	C	
	PSY 307	Developmental Psychology	3	Major	C		PSY	Psychology Elective	3	Major	C	
	PSY	Psychology Elective	3	Major				General Elective	3	Elective		
		Minor Course	3	Minor			PSY	Psychology Elective	3	Major	C	
		General Elective	3	Elective				Minor Course	3	Minor		
			15					15				
YEAR 4-Senior	PSY 402	Learning and Cognition	3	Major	C		PSY 409	Biological Psychology	3	Major	C	
	PSY	Psychology Elective	3	Major	C		PSY 490	Senior Seminar	3	Major	c	
		General Elective	3	Elective			PSY	Psychology Elective	3	Major	C	
		General Elective	3	Elective				General Elective	2	Elective		
		Minor Course	3	Minor				Minor Course	3	Minor		
			15					14				

\*\*Lab Science Recommendation: BIO 110/CHE 110/PHY 105/PHY 110

## Frequently Chosen Minors for Psychology Majors

<b>Department/Program</b>	<b>Required Minor Courses</b> <i>(course may differ based on Catalog date)</i>  For each minor and other minors not listed: See "Academic Minors," in DSU Undergraduate Catalog and/or check with your advisor
Biology	21 hours
Business Administration	18 hours
Computer Information Systems	24 hours
Criminal Justice	18 hours
Family/Consumer Science	18 hours
Health	18 hours
Mathematics	21 hours
Philosophy	18 hours
Political Science	18 hours
Social Welfare	15 hours
Sociology	18 hours
Special Education	18 hours
Speech and Hearing Sciences	15 hours
Sport Psychology	18 hours

## Guidelines for Requesting Letters of Recommendation

In order for us to provide you with a well-written and complete letter of recommendation, we need all students to provide the following information to the professor(s) **at least 4 weeks before the letters are due** (use the list below as a checklist for your request).

- Provide complete documentation on where your letter should go.
  - Who should the letter be addressed to?
  - Where should it be sent? What is the mailing or email address?
  - If the letter needs to be filled out electronically, or if the institution does not want a letter (but rather a score sheet or evaluation form only), you need to let us know this. Institutions are increasingly changing their application procedures away from the standard mailed-in letters of recommendation. It is your responsibility to know how your program would like to receive our letter or evaluation.
- Provide a copy of your resume or vita as you submitted to the graduate school/company.
- Provide a copy of your unofficial transcript
- Provide all forms required for submission
  - Some graduate programs have special forms your recommenders are supposed to fill out,
  - Some graduate programs require you to sign a waiver.
- If you need us to mail the letter, please provide a stamped, addressed, envelope that we can mail the letter in.
- Provide all documentation that we may need to write a meaningful and persuasive letter.
  - Whatever you've submitted to the graduate school / company (i.e. a personal statement)
  - Your recent accomplishments
  - Anything you would like us to highlight in my letter (We cannot promise it will be there, but we will try to incorporate it).
- As a matter of professional courtesy, we ask that you make requests for letters of recommendation in person, not through email or phone call.

**All of the above material should be provided to the professor at least 4 weeks before the letter is due.**

## Psychology Student Conduct Statement of Understanding

See DSU's Undergraduate Catalog for up-to-date details

The **Psychology Program Faculty** provides opportunities for students to progress in their academic development while taking courses in the program. Because many university students take Psychology courses as part of their majors, the level of personal investment in the program varies. This statement of understanding is for Psychology majors, minors, and students taking courses within the program as part of their general education requirements. Issues identified and discussed in this document provide the student with a clear understanding of responsibilities of students in their academic work and the responsibilities of faculty in supporting students in their development.

**CLASS ATTENDANCE POLICY.** Regular attendance and actively participation are primary responsibilities of students in the program. Faculty require students to maintain regular and punctual attendance at all scheduled classes and activities. University policy holds that students are required to attend 75% of the class meetings to receive credit for this course. If a student accumulates absences greater than 25% of the scheduled class meetings, the student's assigned grade for the course shall be an "F" (see DSU Undergraduate Catalog 2013-2014). **ONLINE CLASS ATTENDANCE:** For purposes of financial aid and enrollment, a student will be considered to be attending in an online class when the individual 1) participates in online discussions about academic matters; or 2) initiates contact with faculty to ask questions about subject studies; or 3) completes assignments; or 4) takes tests. Logging into an online course without active participation does not constitute attendance. For students who have met the attendance policy criteria, the last date of attendance will be the last time the student logs on to class and participates. A student in an online course must follow the standard procedure for dropping the class. The last date of attendance will be the date the student last logged into the course and met one of the four criteria noted above (DSU Undergraduate Catalog 2013-2014).

**UNIVERSITY CHEATING & PLAGIARISM POLICY.** "Cheating and plagiarism are not tolerated. If it is established that a violation has occurred, instructors may determine the penalty and should report the offense to the division/department chair, the student's advisor, the dean, and the Office of Academic Affairs. The usual minimum penalty involves a grade of zero on the test, examination, or paper in question. A second offense by any student will be reviewed for action that is more stringent and will usually result in suspension. Any additional offenses will usually result in expulsion from the university" (see DSU Undergraduate Catalog 2013-2014).

**STUDENT CONDUCT POLICY.** Students are treated with respect and, in turn, are expected to treat faculty and other students with respect. Actions inconsistent with respectful behavior include, but are not limited to, visiting in class, reading outside materials, studying or doing homework for another class, heads on desks, talking, using cell phones, and text-messaging during class time. These activities are inappropriate in a university learning environment and will not be tolerated. If disrespectful behavior occurs, the student(s) cease that activity at the faculty member's request. If the activity persists, consequences may include dismissal from the class to expulsion from the course.

**STUDENT ACADEMIC GRIEVANCE POLICY.** A student who feels subjected to unfair treatment may appeal as follows: First, discuss the problem with the professor. If the problem is not resolved, discuss the problem with the professor and the psychology program coordinator (Dr. Westfall). If the problem is still not resolved, appeal in writing (with documentation) to the division chair (Dr. Zengaro). If the problem is still not resolved then appeal in writing (with documentation) to the college dean (Dr. Griffin). If the problem has not been satisfactorily resolved after these three steps, the student may submit a request for a hearing with the Academic Appeals Committee. If the problem persists, the student may make a written appeal to the Vice President for Academic Affairs. The Vice President of Academic Affairs' decision is final. Academic appeals by students must be filed no later than the end of the next regular term after the grievance occurred (see DSU Undergraduate Catalog, 2013-2014).

**ACADEMIC ADVISING POLICY.** Academic advising is an essential part of students' progress through their academic experience at Delta State University. Before the start of each semester, students meet with their academic advisors to determine courses taken, establish a new or modify an existing program of study, check academic transcripts for accuracy, and discuss general concerns about student progress. At each meeting, the advisor gives students their Personal Identification Number (PIN) for online registration. ***PINs are not available by phone or by email.*** Students are expected to register **ONLY** for those courses they and their advisor have determined. The student's advisor must be informed of and approve any deviations from the planned registration. Failure to follow this procedure or to obtain a PIN from a source other than the advisor may result in loss of online registration privileges and will delay graduation.

My signature indicates that I have attended a Psychology program orientation, have had these policies clearly explained to me and that I agree to abide by these policies while a student at Delta State University.

I have read and agree to abide by the student code of conduct and am aware of all regulations specified in the Delta State Undergraduate Catalog.

\_\_\_\_\_  
Student Printed Name

\_\_\_\_\_  
Student 900#

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date